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10 For Today

INFORMING AND INSPIRING YOUR DAY

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U.S. begins airdropping food in Gaza

NPR · D. Parvaz

But it's a less-than-ideal means of delivering aid.



The high cost of eating out in America

Bloomberg · Dorothy Gambrell and Laura Bliss

As restaurants struggle with staffing and inflation, fast food has an advantage in the post-pandemic dining landscape.



How RFK Jr. exploited a bogus study linking vaccines to chronic illness

Snopes · Alex Kasprak

The 2024 presidential candidate's embrace of an anti-vaccine talking point highlights the ability of misinformation to be a self-sustaining phenomenon.



Toni Townes-Whitley is one of two Black female Fortune 500 CEOs

USA TODAY · Katie Camera

It's an accomplishment she urges you not to celebrate.



Mastering the art of small talk

Vox · Allie Volpe

A guide to having actually interesting conversations with strangers.



How to slay 'vampire problems' for better decision-making

bigthink.com - Jonny Thomson

At work we're often asked to be decisive — but how can we make an informed choice without complete information?



LeBron James is on the cusp of 40,000 points

CBS Sports · Douglas Clawson

40 stats about the latest milestone for the NBA's all-time leading scorer



The youngest son of Asia's richest man is getting married

Business Insider · Amanda Goh and Alia Shoaib

The three-day, pre-wedding event features Rihanna, a nine-page dress code, and live animals.



Kate Winslet cried, consulted a neuroscientist, and rehearsed constantly for 'The Regime'

[indiewire.com](https://www.indiewire.com) · Alison Foreman

HBO's limited series chronicles the decline of an unhinged authoritarian leader — and casts its star in a harsh and hilarious new light.



22 things I did with the 'Dune 2' popcorn bucket

theringer.com · Austin Gayle

There's a lot you can do with the cursed sandworm receptacle.